



Programme Specification 課程規範

Awarding Body/Institution 頒授機構	Macao Polytechnic Institute
Teaching Unit 教學單位	Macao Polytechnic Institute
Endorsement in the Official Gazette 政府公報批示	317/2009
Name of Final Award and Programme Title 最終學位及課程名稱	Bachelor of Physical Education
Name of Interim Award(s) 過渡學位名稱	n/a
Duration of Study/Period of Registration 學習期限/註冊期限	4 years
MPI Programme Code 理工課程編號	4LFDC/4LFNC
FHEQ Level of Award FHEQ 學歷水準	Level 6
Programme Accredited by 專業認可機構	n/a
Responsible School 負責學校	School of Physical Education and Sports

Schools which will also be involved in teaching part of the programme 課程教學涉及的其他學校

n/a

Institution(s) other than Macao Polytechnic that will provide some teaching for the programme
為課程提供教學除理工以外的其他機構

n/a

Programme Outline 課程簡介

The Programme of Physical Education is a comprehensive programme which encompasses areas such as physical education, sports, recreation, health fitness and other related fields. Day and Evening Sections are provided and both of them have the same units and teaching hours. A firm foundation of professional study enables students to apply the knowledge and skills they have acquired to the solution of theoretical and applied problems in real situations. Motivating a life long interest in sports and encouraging the pursuit of further studies are also emphasised.

Our staff has been nominated for the project leader to cooperate with Macao Government Department, such as Sports Development Board and Education and Youth Affair Bureau. It is also promoted to conduct research jointly with the faculty in the top-ranking universities such as Beijing University of Physical Education.

Objectives of the Programme 課程目標

The primary objective of the programme is to train physical sports teachers, coaches, sports administrative personnel, technicians and other sports specialties.

What Will You be Expected to Achieve 期望達到的成效

The programme emphasises the developing of students to apply theory in learning and work according to social demands. They will understand the functions of sports which will enhance their cognition from principle to practice. They will learn the structures and functions of human bodily movement as a basic knowledge on performance enhancement, health promotion, injury prevention and rehabilitation. They need to be acquainted with information relating to different tests and measurement methods, basic statistical techniques and the various types and procedures of research to enable scientific research abilities. After attending this programme, students acquire the necessary skills and practices required to perform successfully and creatively as sports practitioners. Students are expected to teach, supervise and administer physical education in schools, sports clubs and associations, councils, resorts and governmental agencies. Moreover, students are cultivated the abilities in sports and promote research as well.

Academic Content 學術內容：

A1	Knowledge and understanding the issues in physical education.
A2	Knowledge in solving problems and management of sports.
A3	Develop a critical understanding of sports as an industry.

Disciplinary Skills- able to 學科技能:

B1	Develop the skills in different sport events.
B2	Develop skills and qualities to serve in sports related organisations.
B3	Apply theories to practice for working in sports environment.

Attributes 特徵:

C1	To learn planning, organising, leading and evaluating sport programmes.
C2	Understanding of profession knowledge in specific subjects of sports.
C3	Develop scientific research abilities in the areas of physical education.

How Will You learn 如何學習:

Different learning strategies and methods are planned and employed according to the nature and characteristics of the programme, the level of studies as well as the aims to be achieved. The major methods of learning include lectures, field practice, tutorials, seminars, and practical/laboratory work. Each is carefully tailored to fit to the programme and the students. Students attend the “theory subjects” in classrooms or a laboratory. They are also able to study in the library and a computer lab for their own projects and assignments. For “skill subjects”, the classes are located in appropriate venues, such as courts, gymnasiums or facilities either on or off campus. Adequate volume of information can be ensured for providing students with basic knowledge, theories, and operating techniques. Maximised practices and training are allowed for students to obtain enough competition abilities, coaching methods, and teaching experiences in Physical Education.

How Will You Be Assessed? 如何評核

The theory subjects are all assessed by formative and summative evaluation. Formative evaluation includes quizzes, mid-term tests, assignments in the form of written papers, class presentations, laboratory reports, portfolios or group projects. Summative evaluation for theory subjects normally involves a final written examination. The sport skill subjects are assessed by class work in the form of referee skills, microteaching, and mini-projects with final examination comprising both written examination and practical assessment of sport skills. The Examination Boards, which include external examiners and internal faculties, review each examination script before they are submitted to the Technical and Scientific Committee Secretariat. The Boards checks the consistency of the contents of the exam paper with the requirements in related course outlines. The grading system will be reviewed as well.

Academic Year of Study 1 第1學年

Course Title 科目名稱	Course Code 科目編號	Credits 學分	Course Selection Status 選科種類	Academic Year of Study 學習之學年	Semester 學期
Complete 1 optional subject from the elective group A1	See below	1	Elective	1	1,2
Anatomy	PANA111	4	Compulsory	1	1
Basketball	PBAS111	4	Compulsory	1	2
Handball	PHAN111	4	Compulsory	1	1
History of Sport and Physical Education	PHIS111	2	Compulsory	1	1
Pedagogy	PPED121	3	Compulsory	1	1
Exercise Physiology	PPHY111	4	Compulsory	1	2
Design and Practice On Sports Games	PSGM111	2	Compulsory	1	2
Swimming	PSWM121	4	Compulsory	1	1
Track and Field	PTAF121	6	Compulsory	1	1
Putonghua I *	PPUT122	6	Elective	1	1
English I *	PENG122	6	Elective	1	1
Portuguese I *	PPOR122	6	Elective	1	1

* Students should select one of the following language courses: English, Putonghua or Portuguese.

Students are required to select the same language subject in the first, second and third years.

Academic Year of Study 2 第2學年

Course Title 科目名稱	Course Code 科目編號	Credits 學分	Course Selection Status 選科種類	Academic Year of Study 學習之學年	Semester 學期
Complete 1 optional subject from the elective group A2.	PDAN212 PTRS212	1	Elective	2	1,2
Aerobics	PAER211	3	Compulsory	2	1
Sport Biomechanics	PBIM221	4	Compulsory	2	1
Educational Psychology	PEDP211	2	Compulsory	2	1
Football	PFOT221	4	Compulsory	2	1
School Gymnastics	PGYM211	3	Compulsory	2	2
Sport Medicine	PMED211	2	Compulsory	2	2
Psychology of Physical Education	PPEP211	2	Compulsory	2	2
Theory and Practice in Sport Recreation	PREC221	4	Compulsory	2	1
Traumatology and First-Aid	PTFA211	2	Compulsory	2	1
Theories of Training	PTOT221	4	Compulsory	2	1
Volleyball	PVOL221	4	Compulsory	2	1
Putonghua II *	PPUT222	6	Elective	2	1
English II *	PENG222	6	Elective	2	1
Portuguese II *	PPOR222	6	Elective	2	1

* Students should select one of the following language courses: English, Putonghua or Portuguese.

Students are required to select the same language subject in the first, second and third years.

Academic Year of Study 3 第3 學年

Course Title 科目名稱	Course Code 科目編號	Credits 學分	Course Selection Status 選科種類	Academic Year of Study 學習之學年	Semester 學期
Complete 1 optional subject from the elective group A3.	PGAM312 PMAR312	1	Elective	3	1,2
Optional Sport	See below	8	Compulsory	3	1
Sport Biochemistry	PBIC311	2	Compulsory	3	1
Sport For The Disabled	PDIS321	2	Compulsory	3	1
Measurement and Evaluation in Physical Education	PMEV311	2	Compulsory	3	2
Motor Learning and Control	PMLC311	3	Compulsory	3	2
Physical Education of School	PPES321	4	Compulsory	3	1
Racket Sport I	PRSO311	3	Compulsory	3	1
Racket Sport II	PRST311	3	Compulsory	3	2
Sport Sociology	PSOC321	3	Compulsory	3	1
Statistics in Physical Education	PSTA311	3	Compulsory	3	1
Putonghua III *	PPUT322	6	Elective	3	1
English III *	PENG322	6	Elective	3	1
Portuguese III *	PPOR322	6	Elective	3	1

* Students should select one of the following language courses: English, Putonghua or Portuguese.

Students are required to select the same language subject in the first, second and third years.

Academic Year of Study 4 第4學年

Course Title 科目名稱	Course Code 科目編號	Credits 學分	Course Selection Status 選科種類	Academic Year of Study 學習之學年	Semester 學期
Complete 1 optional subject from the elective group A4.	PCOS412 PPTX412	1	Elective	4	2
Graduation Report	PGRE421	6	Compulsory	4	1
Sport Management	PMAN411	3	Compulsory	4	2
Methodology of Research in Physical Education	PMER411	2	Compulsory	4	1
Practice	PPRA421	6	Compulsory	4	1
Sport English	PSEN411	3	Compulsory	4	1
Statistic Software Applications	PSSA411	2	Compulsory	4	1

Elective Subjects - Group A1

Course Title 科目名稱	Course Code 科目編號	Credits 學分	Course Selection Status 選科種類	Academic Year of Study 學習之學年	Semester 學期
Health Education	PHED112	1	Elective	1	
Sport Nutrition	PNUT112	1	Elective	1	

Elective Subjects - Group A2

Course Title 科目名稱	Course Code 科目編號	Credits 學分	Course Selection Status 選科種類	Academic Year of Study 學習之學年	Semester 學期
Dance	PDAN212	1	Elective	2	
Traditional Sports	PTRS212	1	Elective	2	

Elective Subjects - Group A3

Course Title 科目名稱	Course Code 科目編號	Credits 學分	Course Selection Status 選科種類	Academic Year of Study 學習之學年	Semester 學期
Sport Gambling	PGAM312	1	Elective	3	
Sport Marketing	PMAR312	1	Elective	3	

Elective Subjects - Group A4

Course Title 科目名稱	Course Code 科目編號	Credits 學分	Course Selection Status 選科種類	Academic Year of Study 學習之學年	Semester 學期
Combat Sports	PCOS412	1	Elective	4	
Practice of Training	PPTX412	1	Elective	4	

Elective Subjects - Group B

Course Title 科目名稱	Course Code 科目編號	Credits 學分	Course Selection Status 選科種類	Academic Year of Study 學習之學年	Semester 學期
Optional Sport - Basketball	POBA321	8	Elective		
Optional Sport - Football	POFO321	8	Elective		
Optional Sport - Gymnastics	POGY321	8	Elective		
Optional Sport - Handball	POHA321	8	Elective		
Optional Sport - Swimming	POSW321	8	Elective		
Optional Sport - Track and Field	POTF321	8	Elective		

What Are the Entry Requirements? 入學條件

1. Secondary School Graduates(Form 6), or According to article 28 of the Higher Education Law of RAEM, article n°9, applicants of age 25 or above and with special ability conditions, need not comply with the above mentioned point 1. Upon successful completion of the entrance examination, the applicant will be eligible to further his/her studies in a higher diploma programme offered by MPI. All those who complete 25 years of age before September 1st will also be eligible to participate in the entrance examination.
(Note: According to article 4 of Decree-Law 26/2003, the participants who have completed their secondary studies out of Macao, need the recognition of MPI's Academic Qualification Recognition Committee before they are eligible to register.)
2. Have passed the medical examination.

How Do We Listen and Act on Your Feedback? 如何聽取及回應學生的回饋

All students are requested to complete the "Taught Course and Teaching Evaluation Questionnaire". The 4th year students are also requested to complete the "Graduation Project and Supervisor Evaluation Questionnaire". The evaluation is performed two times for each academic year. Such evaluation results will be sent to teacher concerned by the School Director with suggestions for quality improvement. Student feedback is also collected through daily informal discussions and at Student Dialogue Meetings. The meetings are held at least once a semester. Comments, suggestions and complaints from the students for teaching quality improvement will be seriously considered and follow-up actions may be taken if the suggestions are relevant and are within the terms of reference of the school. Suggestions directed to specific teachers will be passed on to him/her for follow-up actions. Others, depending on their nature, may be sent to the relevant departments for further consideration and action.

Academic Support 教學支援

Detailed guidance is provided to the students to assist or guide in their learning. On the first day of every academic year, the students will receive a handbook containing a prospectus of the year and an introduction to the programme. Full-time faculties' time schedules of weekly 5-hour tutorial section are presented to students at the beginning of every semester. Every class is assigned to a full-time academic staff who acts as a mentor, serving both as an academic advisor and a good friend in the students' university life. The mentors help students master appropriate learning method such as setting priorities for their use of time, improve personal and character attributes and resolve various living problems.

Programme-specific Rules and Facts 課程特定的規則及內容

n/a

Specific Support for Disabled Students 對於殘障學生的特殊支援

Macao Polytechnic Institute has in place an institution-wide policy to ensure that all student needs are taken care of and a supportive and accessible learning environment is maintained. When cases of special needs are notified or identified, special arrangements are made on a case-by-case basis with the joint effort of the programme and several student support services of the Institute, such as the Registry, the Student Affairs Office, the Computer Services Centre, etc. to provide the necessary support.

Links With Employers, Internship Opportunities and Transferable Skills

與僱主關係、實習機會及可轉移技能

The programme has established strong links with related units to keep abreast of the current employment market situation. A wide range of services are offered to help students plan for their career. These include career talks and exhibitions from both public affairs and private business sectors.

Staff involves in community services as it will establish links with the industry. So far, the programme has not encountered any difficulties in placing the students in school or sports organisation for internship.

In addition to the full-time faculty teaching in various subjects, external speakers and experienced practitioners are invited to be guest speakers to enrich the programme.